

# Foyle Hillwalking & Rambling Club

[www.foylehillwalkingclub.co.uk](http://www.foylehillwalkingclub.co.uk)

## WALKING PROGRAMME April 2017 to October 2017

DATE	LOCATION	GRADE	MEETING PLACE	TIME	INFORMATION
<b><u>April</u></b>					
Sun 2	Slieve Snaght Inishowen	B	Templemore Sports Complex	9.30	Good hill walk with plenty of climbs and descents - bring your gaiters - plenty of mud too! - Approx 4 hours
Sat 8	Crockbrack way	B	Train Station	9.30	7 miles 350m ascent and descent. A circular walk on mountain tracks and some open hill, starting and finishing in Moneyneaney village. Meet Ita at Moneyneaney chapel approx 10.15am
Sat 22	Butlers Glen from Mamore Gap,	B	Templemore Sports Complex	9.30	Starting at Mamore Gap, we walk up a track on to open hillside and along the ridge of Slievekeeragh, looping back along the base of Raghtin Mor. 10K. This will be the clubs contribution to the national Spring Clean initiative. bags provided to pick up litter en route.

Sun 30	Kinneveagh Ridge	C	Templemore Sports Complex	9.30	Met at Glenveagh car park. Bus to castle. Walk along Lough Beagh for 3K before entering Glenleck valley. Ascend to Kinneveagh Ridge. Follow ridge & descent steeply to Altachoastia before returning to castle. 10K. 350 m ascent.
<b><u>May</u></b>					
<b><u>Sat 6</u></b>	Lough Inshagh Path	A/B	Templemore Sports Complex	9.30	End to end walk on track from Gartan to Glenveagh and return. Around 14K
Sun 14	Falcarragh Railway Station - Muckish	C	Templemore Sports Complex	9.30	Starting at Falcarragh station and following the track to Lough Auger. Then, cut oft ascend miners track to summit Muckish. Descend gully and return. 14K. 550m climb. 5hr
Sat 20	Robbers Table, Sperrins	B	Train Station	9.30	Starts near Gortin Glen forest park. 9 miles. Mostly mountain track. some roads. 320m ascent/descent. easy going. 3.5hours
Sun 28	Slieve Snaght from the North Pole bar	C	Templemore Sports Complex	9.30	Walk begins at the track between Ballinlough and Carroghill just off the R244. 9K. 4.5 hours. There is some boggy ground to cross after leaving the track until you reach the slopes of Slieve snaght
<b><u>June</u></b>					
Sat 3	Banagher	A/B	Train Station	9.30	9 mile circuit of Beautiful Banagher Forest, just outside Dungiven. Easy walking. Rough track..

Sun 11	Benwhiskin & Ben Bulbin	C	Templemore Sports Complex	8.30 EARLY START	Starting at Lukes Bridge, Grange. Ascent 650m. 21K. 7 hours walk. Long day.
Sat 17	Gola Island	A/B	Templemore Sports Complex	9.00 Early Start	Drive to Bunbeg/Magheragallon. take 11am ferry to Gola. Explore deserted island, tracks and coastal cliff walk. Check Facebook or websiteweek before for confirmed details. WEATHER DEPENDENT. Day return or Possible opportunity to wild camp!
Sun 25	Leaghanmore from Glenleck	C	Templemore Sports Complex	9.30	Met at Glenveagh car park. Bus to castle. Walk along Lough Veagh for 3K before entering Glenleck. Climb E to summit of Leaghanmore, Croaghgormick and Crocknascallan before descending to cross stream and proceed along E of Lough Inshagh to met path to return to castle. 13K. Very rough terrain. 900m climb
<b><u>July</u></b>					
Sat 1	Shroove to Kinnegoe Bay	A/B	Templemore Sports Complex	9.30	Mostly easy walking but with one moderate decent/ascent. Rough track all the way.About 11K
Sun 9	Bushmills to Ballintoy	B/C	Train Station	9.10 Early Start	Meet leader at Tramway car park on Portballintraew Road out of Bushmills. Walk follows the Causeway coastal path. back to Ballintoy. Take bus back to Bushmills. 20K.450m ascent.

Sat 15	Melmore Head	B	Templemore Sports Complex	9.30	This walk follows the perimeter of Melmore Head from tranarossan beach to the northern tip of the peninsula and return. No path so good footwear essential as ground wet in places. although coastal there are several short uphill sections en route.
Sun 23	Coolcross & Crockaughrim	B	Templemore Sports Complex	9.30am	Overlooking Ballyliffin & Dough Isle. Around 500m ascent/descent. Some steep . About 3-4 hours
Sat 29	Vinegar Hill loop	A	Train Station	9.30	7 miles starting from Barnes Gap. easy tracks. Meet leader in Plumbridge Village
<b><u>Aug</u></b>					
Sun 6	Bluestack Circuit	C	Templemore Sports Complex	8.30 EARLY START	Starting at the old school house (GR 963281). Taking in Croaghgorm. 800m ascent. 14K. 5-6 hours. Demanding walk
Sat 12	Knocklayde Mountain. Ballycastle	B+	Train Station	9.30	Walk starts just off the Diamond in Ballycastle. Follow the Moyle Way through Ballycastle forest, then over very steep ground summit at 514m. Around 4.5hours

Sun 20	Aghla Mountain-Knockrawer	C	Templemore Sports Complex	9.30	From Lough Finn ascend to Aghla Mountain. Gradual descent from here then rise to Knowrawer with good views. descend over broken bog to Shruhanacrow More River and return via road to start
Sat 26	Fairhead Loop	B	Train Station	9.30	Figure eight walk around the spectacular Fair Head. Rough track & road. Around 4-5 hours.
<b><u>Sept</u></b>					
Sun 3	Aghlas from Altderry Bridge	C	Templemore Sports Complex	9.30	12K. 800m ascent. 5-6 hours. Circular walk taking in Aghla Beg, Aghla Beg South & Aghla More.Descending Aghla More northern slopes and return via Lough Moilt.
Sat 9	Glenveagh	A/B	Templemore Sports Complex	8.30 Early Start	Long linear walk (about 15K)from head of Glen through rough paths & tracks. Visit to castle cafe optional.Bus will collect us at start from Lough Inshagh trail car park and take us to head of Glen after 10am. All walkers must let leader know they are coming to book bus (approx 2/3 euros)

Sun 17	Spelhogue	C	Train Station	9.30	Starting at church in Moneyneneagh village. Ascend Crockmore & Crockbrack before tackling Spelhogue. Road, rough track and open mountain. Wet/vey wet underfoot.16K. 600m ascent/descent.about 5 hours. (or meet leader at Moneynenagh church 10.15am)
Sat 23	Benevenagh	A/B	Train Station	9.30	Starting from St Aidan's Church. Follow track/rough track to base of mountain before ascending though cut forest. 4 Hours. 350m ascent.(or meet leader at St Aidans Church 10.10am).
<b><u>Oct</u></b>					
Sun 1	Fanad	C	Templemore Sports Complex	9.30	Six hour coastal walk in Fanad area
Sat 7	Bessy Bell	A/B	Train Station	9.30	Start Newtownstewart golf club. Ascend mountain via road and forest/rough track. 3-4 hours.
Sun 15	Knockalla Ridge Walk	B	Templemore Sports Complex	9.30	Meet at viewpoint above ballymastocker Beach. Climb to summit at 363m. descend to circle loughs and return
Sat 21	Ballyliffen to Doagh Isle	A	Templemore Sports Complex	9.30	Gentle flat walking along beach, track and road. 11K. 3hr
Sun 29	Errigal (from North side)	C	Templemore Sports Complex	9.30	Tough ascent of Errigal. 4 hours. 650 m ascent.